

## DIPLOMA IN YOGA

### Eligibility:

Pass in +2 Exam or any other equivalent exam

### Course Duration:

1 Year – (Non-Semester System)

<b>COURSE : Diploma in Yoga</b>		
<b>MEDIUM : English/Tamil</b>		
<b>COURSE CODE : 3005</b>		
<b>S.NO</b>	<b>PAPER NAME</b>	<b>EXAMINATION CODE</b>
1	Foundations and Values of Yoga	<b>DYOG01</b>
2	Basic and Systemetic Anatomy and Psysiology	<b>DYOG02</b>
3	Theories of Yoga & Wellness	<b>DYOG03</b>
4	Practical	<b>DYOG04</b>

### Scheme of Examination:

Theory: Duration – 3 Hrs, Max. Marks – 100, Passing Min.- 35 Marks